

References

Recent research on the health impact of highly processed foods and drinks and the risk of obesity and diabetes

1. Srour and co-workers, Ultraprocessed Food Consumption and Risk of Type 2 Diabetes Among Participants of the NutriNet-Santé Prospective Cohort. Journal of the American Medical Association volume 180, pages 283 – 291, 2020.
2. Hall and co-workers. Cell Metabolism, volume 30, pages 67–77, 2019.
3. Mozaffarian and co-workers. Role of government policy in nutrition—barriers to and opportunities for healthier eating. British Medical Journal, volume 361, page k2426, 2018